



**UNIVERSITY OF IOWA  
GRADUATE AND PROFESSIONAL STUDENT GOVERNMENT**

**15th Session – February 21<sup>st</sup>, 2023  
GPSG  
D.R. #12**

Sponsor: Iowa Student Bar Association Delegate Austin McLellan on behalf of Physical Health and Safety Director Erin Sullivan  
GPSG Action: **Passed** Failed/Tabled

**A RESOLUTION**

Regarding USG, GPSG, Faculty Senate, and Staff Council’s support of all University of Iowa faculty and staff participating in Kognito mental health training to be equipped with the skills and knowledge necessary to handle a student mental health crisis.

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**Section 1: Short Title**

This resolution may be cited as the “Joint Resolution for the University of Iowa Staff and Faculty participating in Kognito Training”.

**Section 2: Discussion**

**WHEREAS**, faculty and staff feel underprepared to properly support students experiencing mental health struggles or crises. Participating in the Kognito program would provide faculty and staff with the skillset necessary to partake in interactions between themselves and students. This would benefit faculty and staff because they will feel better prepared to help students on campus when they are in need. Students also benefit from this because they are receiving support from trusted individuals with training;

**WHEREAS**, less than 3% of faculty participated in the Kognito training during the Spring 2022 semester which is less than 400 faculty members. Seeing as all incoming freshmen and transfer students must participate in Kognito through the Success at Iowa course, faculty and staff should be encouraged to complete the training. This creates a shared understanding across the University of Iowa campus and promotes unity at all level;

**WHEREAS**, Students often may reach out to faculty and staff for support due to the lack of mental health resources on campus. However, faculty and staff may not be equipped with the resources or knowledge to support students. Kognito can help to address this; and

**WHEREAS**, Kognito has been proven to have high success rates with students through Success at Iowa. Students who were polled three months after participating in the training reported that they gained useful skills. Therefore, Kognito would benefit faculty and staff in dealing with mental health crises and suicide prevention with students.

**Section 3: Action**

***Be it Resolved***, all faculty and staff should be encouraged to participate in Kognito mental health training in order to support students on campus.

***Therefore, be it resolved that***, USG, GPSG, Faculty Senate, and Staff Council encourage all staff and faculty to participate in Kognito training to increase unity on campus and as a result better support students in need.

**Section 4: Enactment Clause**

**THEREFORE**, be it enacted by the University of Iowa Graduate and Professional Student Government upon the signatures of President Crow.

IN WITNESS WHEREOF:

*Grace Bryant*  
Cabinet Director

APPROVED:

*Amber D. Crow*  
GPSG President

February 21, 2023

Date