

## **LAUREN A. LAVIN**

255 Koser Ave, Iowa City, IA 52246  
605-321-3395 llavin@uiowa.edu

### **EDUCATION**

#### **Health Services and Policy PhD Student, August 2022-present**

University of Iowa, Iowa City, IA  
Department of Health Management and Policy  
College of Public Health

I have done coursework in health policy, healthcare structure, cost-effectiveness, health research design, biostatistics, Medicare and Medicaid, primary data and mixed research, and health economics.

#### **BS in Psychology, Summa Cum Laude (2020) - 4.0 GPA**

University of South Dakota, Vermillion, SD  
Minors: Economics & Business Administration  
Thesis Title: The History of Sex Education in the United States: With Application to South Dakota  
Advisor: Kathryn Birkeland, PhD

### **AWARDS AND HONORS**

Honors Student (2017-2020)  
Psychology Sophomore of the Year (2018)  
Dean's List (Fall '17, Spring '18, Fall '18, Spring '19, Fall '19, Spring '20)  
Psychology Outstanding Researcher of the Year (2019)  
Psychology Junior of the Year (2019)  
Nelson Shield Award (2019)  
Omicron Delta Epsilon: International Economics Honor Society (2019)  
Mortar Board Honors Society (2019)  
Phi Beta Kappa: Arts and Science Honors Society (2020)  
Beta Gamma Sigma: Business Honors Society (2020)  
Psychology Outstanding Senior of the Year (2020)  
Psychology Outstanding Researcher (2020)  
Graduated Summa Cum Laude: 4.0 GPA (2020)  
Honors Thesis on Sex Education Earned Distinction (2020)

### **SCHOLARSHIPS**

Mickelson Scholarship, University of South Dakota (2017-2020)

### **RESEARCH EXPERIENCE**

**University of Iowa Iowa City, IA**

**Graduate Assistant, Department of Emergency Medicine under Dr. Nicholas Mohr  
(August 2022- present)**

I am currently conducting research within RUPRI (Rural Policy Research Institute) through the Emergency Department at UIHC to assess the impact that COVID-19 had on telehealth policy and utilization among underserved populations.

**DAISY Foundation  
Case Study, College of Public Health  
(September 2022- present)**

I am serving a student leader amongst a team of graduate students working on a case study of The DAISY Foundation. We are assessing DAISY's impact in the nursing profession along the four dimensions of Scale, Scope, Reach, and Depth.

**University of South Dakota Vermillion, SD  
Student Researcher, Department of Psychology under Dr. Struckman-Johnson  
(August 2018- May 2020)**

Researched and co-authored a questionnaire to examine the sex education that college students received in high school, components of an ideal sex education program and current knowledge of sexuality topics in order to explore the lack of formal sexual education in the United States.

Researched and co-authored a questionnaire to investigate college student usage patterns of online dating apps and their experiences from using them in order to understand the role they play in modern dating.

**Sanford Research Sioux Falls, SD  
Research Assistant, Weimer Lab, Pediatric & Rare Diseases (May 2019- August 2019)**

Performed daily behavior tests on animal subjects and assisted in colony maintenance. Tests included kinematic gait analysis, water maze forced swim test, pole climb test, and rotarod.

Organized the data tracking and record keeping system for animal behavior tests.

Maintained equipment and upheld lab safety standards.

**University of South Dakota Vermillion, SD  
Honors Thesis (August 2019- May 2020)**

Developed original research topic on sex education in South Dakota.

**COMPLETED RESEARCH**

Lavin, Lauren A., "The History of Sex Education in the United States: With Application to South Dakota" (2020). Honors Thesis. 119. <https://red.library.usd.edu/honors-thesis/119>

Lavin, L., Fuerst, A., & Larson, K. (2020). A Survey of USD Students' Past Sex Education Programs and Their Preferences for an Ideal Program.

Larson, K., Fuerst, A., & Lavin, L. (2020). A Study of Dating App Use by USD Students.

## **PRESENTATIONS**

Struckman-Johnson, C., Lavin, L, Fuerst, A., & Larson, K. (2020 October). Ideal vs. Real Sex Education Programs of Midwestern College Students. Poster presented at the Annual Meeting of the Society for the Scientific Study of Sexuality (Virtual).

Struckman-Johnson, C., Larson, K., Fuerst, A., & Lavin, L. (2020 October). Dating App Use by College Students. Poster presented at the Annual Meeting of the Society for the Scientific Study of Sexuality (Virtual).

Lavin, L. (Presenter & Author) "The History of Sex Education in the United States: With Application to South Dakota" (2020). Honors Thesis Defense (May 2020)

Lavin, L. (Presenter & Author), Fuerst, A.(Presenter & Author), & Larson, K. (Presenter & Author) (2020). "A Survey of USD Students' Past Sex Education Programs and Their Preferences for an Ideal Program." IdeaFest, Vermillion SD (April 2019)

Larson, K. (Presenter & Author), Fuerst, A. (Presenter & Author), & Lavin, L. (Presenter & Author) (2020). "A Study of Dating App Use by USD Students" Ideafest, Vermillion SD (April 2020)

Lavin, L. (Presenter & Author) "The Future of Female Leadership in America" Women's, Gender, & Sexuality Studies Conference "(Un)Told Stories," Vermillion, SD (February, 2019)

## **TEACHING EXPERIENCE**

### **University of South Dakota Vermillion, SD**

**Supplemental Instructor, Psychology 101 (August 2018- May 2020)**

Led two learning sessions per week that used a wide variety of interactive strategies to help students learn and retain information taught in class.

Prepared handouts, informal quizzes, slideshows, and group activities for sessions.

Utilized knowledge of psychology content and training in education to help students develop positive study skills, retain content, and improve time management.

## **PROFESSIONAL EXPERIENCE**

### **Bakologie, LLC Sioux Falls, SD**

**Owner & Operator (May 2020 – present)**

Successfully founded and operated a six-figure company that grew over 200% in one year.

Develop, plan and implement the strategic direction of Bakologie, LLC.

Understand external and internal competition, new product expansions, current customer base, potential new markets, and trends in the industry.

Plan, schedule and supervise bakery production and cleaning to maintain highest safety standards.

Develop and implement advertising and marketing strategies to sell products and attract new customers.

Source ingredients, supplies and equipment using a computerized system.

Interact with customers in a professional and timely manner.

Created and maintained the company's social media presence (Instagram & Facebook) by posting messages, answering questions, and utilizing SEO best practices to promote organic growth

Designed and operated Bakologie's website and customer ordering software to run the business at maximum efficiency.

Maintained business bank account, payment processing, accounts payable, accounts receivable, and taxes.

**Form Fitness Sioux Falls, SD and USD Wellness Center Vermillion, SD  
Yoga & Yoga Sculpt Instructor (January 2017-present)**

Work as part of a team of 15 instructors to keep the studio operating seven days a week.

Cultivate positive relationships with clients by interacting with them both during and outside of class.

Lead safe, fun, and effective workout classes.

**Davis Pharmacy**

**Vermillion, SD**

**Pharmacy Technician (January 2018-January 2019)**

Provided customer service by communicating with patients and filling prescriptions.

Filled prescriptions and placed them in the appropriate areas to be checked by the pharmacist.

Compounded prescriptions based upon predefined prescription formulations.

Worked with insurance software and companies to assist patients with insurance and payment needs.

Daily inventory counts to manage prescriptions, drug supply, and other pharmacy supplies.

## **LEADERSHIP AND INVOLVEMENT**

### **University of Iowa**

Steering Committee, Peer Mental Health Initiative “Here to Help My Peer” (2023)  
ACRE Lab member, Directed by Dr. Whitney Zahnd (2023)  
Graduate Student Ambassador, College of Public Health (2023)  
Podcast Host, From the Front Row (2023)  
Mental Health Committee, Graduate and Professional Student Government (2022-2023)  
Grants Committee, Graduate and Professional Student Government (2022-2023)  
Events Director, College of Public Health Graduate Student Association (2022-2023)  
Start Up Team, Rural Student Health Association (2022-2023)

### **University of South Dakota**

Vice President, USD Psychology Club, University of South Dakota (2019-2020)  
Treasurer and Secretary, Mortar Board, University of South Dakota (2019-2020)  
Coronation Chair, Dakota Days Committee, University of South Dakota(2019-2020)  
Student Ambassador, College of Arts & Sciences, University of South Dakota (2019-2020)  
Scholarship Chair, Panhellenic Council, University of South Dakota (2019-2020)  
Scholarship Director, Kappa Alpha Theta, University of South Dakota (2019-2020)  
Volunteer, Adopt a classroom, Jolly Elementary School (2019-2020)  
Representative, Member Development Committee, Kappa Alpha Theta (2018-2019)  
Executive Special Events Coordinator, Campus Activities Board, University of South Dakota (2018-2019)  
Volunteer, Alternative Week of Learning (AWOL), University of South Dakota (2018-2020)  
Co-Leader, Bible Study, Kappa Alpha Theta (2018-2019)  
Honors Peer Mentor, Honors Program, University of South Dakota (2017 to present)  
Member, Kappa Alpha Theta, University of South Dakota (2017-2020)